



Chef Jean's Menu for August 27th – 31st, 2018

	Breakfast	Lunch	Snack
Monday	Whole Grain Oatmeal with Brown Sugar, Fresh Fruit, Milk	Turkey & Garden Rice Pilaf, Steamed Peas, Fresh Fruit, Milk	Yogurt Sticks, Fruit Juice
Tuesday	Cinnamon Bagels with Cream Cheese, Fresh Fruit, Milk	Cajun Chicken Alfredo, Steamed Green Beans, Fresh Fruit, Milk	Cheezits, Fruit Juice
Wednesday	Stoneground Cheesy Grits, Fresh Fruit, Milk	Chicken Spaghetti, Steamed Carrots, Fresh Fruit, Milk	Chef's Hummus & Crackers, Fruit Juice
Thursday	Hashbrowns, Fresh Fruit, Milk	Vegan Lentils & Brown Rice, Steamed Broccoli, Fresh Fruit, Milk	Whole Grain Tortilla Chips & Salsa, Fruit Juice
Friday	Cinnamon Rolls, Fresh Fruit, Milk	Angus Beef Sloppy Joes, Vegetarian Baked Beans, Fresh Fruit, Milk	Whole Grain Sun Chips, Fruit Juice